PR23-80
Leg Dir Type
miles
otal
Stright Continue
Sight
Right slight right onto Fort Washington Park Greenway
0.1 §traight Continue onto Fort Washington Park Greenway
$0.0 \uparrow$ Climb You will climb the hill under the George Washing
0.2 † Climb Second part of climb
$0.0 .1 \uparrow$ Straight Continue along Fort Washington Park Greenway
$0.1 \leftarrow$ Slight Slight left up pedestrian ramp
$0.1 \rightarrow$ Right $\quad$ Turn right onto Riverside Drive
$0.1 \leftarrow$ Left $\quad$ Turn Left onto Lafayette Plaza/181st Street
$0.1 \rightarrow$ Right Turr right onto Cabrini Boulevard

$\begin{aligned} & 1.6 \rightarrow \text { Right Turn right onto Hudson Terrac } \\ & 1.9 \leftarrow \text { Left } \quad \text { Turn left onto E Palisade Ave }\end{aligned}$
$0.3 \uparrow$ Straight Steep descent ahead. Use caution.
$1.7 \uparrow$ Straight At the traffic circle, take second right to stay on W Palisade Ave
$0.2 \rightarrow$ Right Turn right onto Knickerbocker Rd
$3.0 \uparrow$ Straight At the traffic circle take seocon $r$
Sharp
$0.2 \uparrow$ Left Turn sharp left onto Highland Avenue


$0.2 \rightarrow$ Right $\quad$ Turn right onto Lafayette Road, CR 109
$0.4 \leftarrow \underset{\text { Left }}{\text { Slight }}$ Slight left as road becomes Cripplebush Rd
$2.3 \rightarrow$ Right Turn right onto Rivervale Rd
$\begin{array}{ll}0.1 \leftarrow \text { Left } & \text { Turn left onto Prospect Ave } \\ 1.3 \leftarrow \text { Left } & \text { Turn left onto Kinderkamack Rd }\end{array}$

| $0.1 \rightarrow$ Right Turn right onto Campbell Ave |
| :--- |
| $0.3 \uparrow$ Food If you need food or fluds there is a bagel shop a half block to your left at the next corner which offers a lot more than bagels. | $0.3 \uparrow$ Food There is an excellent deli 14 miles ahead. $\begin{array}{ll}0.0 & \text { Right } \\ 0.2 \leftarrow \text { Leftr right onto Broadway } \\ \text { Turn left onto Woodcliff Ave }\end{array}$

$\rightarrow \begin{gathered}\text { Sharp } \\ \text { Right }\end{gathered}$ Turn sharp right onto Woodcliff Avenue, CR 90
$\leftarrow \underset{\text { Left }}{\text { Slight }}$ Keep left onto Woodcliff Avenue, CR 90
$\begin{array}{lll}0.2 \rightarrow & \text { Right } & \text { Turn right onto Mill Road } \\ 0.1 \leftarrow & \text { Left } & \text { Turn left onto Lakeview Terrace }\end{array}$
$0.1 \rightarrow$ Right Turn right onto Pascack Road, CR
$0.4 \uparrow$ Control Trick left turn ahead
$\begin{array}{lll} & \text { Left } & \text { Turn left onto Glen Road } \\ & \text { Right } & \text { Turn right onto Glendale Road } \\ & \rightarrow & \text { Right } \\ \text { Turn right onto Wortendyke Rd }\end{array}$
$\rightarrow$ Right Turn right onto Hering Rd
$1.6 \rightarrow$ Left Turn left onto Terkuile Rd
$0.2 \leftrightarrows$ Right Turn right onto Summit Ave
$0.5 \rightarrow$ Ren
$0.5 \rightarrow$ Right Turr right onto Summit Ave
$\rightarrow$ Right Turn right onto NRd
$0.1 \leftarrow$ Left $\quad$ N R d turns slightly left and $b$ b
$0.5 \rightarrow$ Right
0.5 Turn right onto Pascack Rd
$0.6 \leftrightarrows$ Left

$0.1 \rightarrow$ Right Turn right onto W Crooked Hill Rc
$\begin{array}{ll}0.4 \\ 0.1 & \text { Right } \\ 0.1 & \text { Turn right onto Railroad Ave } \\ \text { Turn left onto W L Lewis Ave }\end{array}$
$0.6 \leftarrow$ Left $\quad$ Turn left onto N Middletown Rd
$\begin{array}{lll}0.6 & \text { Left } & \text { Turn left onto } N \text { Middeteown } \\ 0.1 \rightarrow & \text { Right } & \text { Turn right onto Manor Blvd } \\ 0.4 \leftrightarrows & \text { Left } & \text { Turn left onto Ehrhardt Rd } \\ 0 .\end{array}$
$0.1 \rightarrow$ Right $\quad$ Turr right onto Ablondi Rd

$0.4 \rightarrow$ Right Turn right onto Townline Rd
0.1 Һ Left Turn left onto Elrod Drive
$\begin{aligned} 0.2 & \rightarrow \text { Right } \\ 0.3 & \text { Turn right onto Jill Drive } \\ 0.3 \rightarrow \text { Right } & \text { Turn right onto Marcus Road }\end{aligned}$
$0.1 \leftarrow$ Leftrt Turn slight left onto Sickletown Road, CR 23
$\rightarrow$ Right Turn right to stay on Strawtown RC
$2.3 \uparrow$ Stright Ahead onto Ridge Rd
0.2 Rid Let onto Haverstraw Rd/ South Mountain Road. Tricky and stee
$4.1 \uparrow$ UTrrn Rest Stop 2 - The Orchards of Concklin is on your left. You will make a U -turn back onto South Mountain Road when you leave.
$2.3 \rightarrow$ Right $\xrightarrow{1.2 \leftarrow \text { Left Turn left onto Haverstraw Rd/Old Re } 304}$ $0.8 \rightarrow$ Right Turr right onto Goebel Rd $1.0 \leftarrow$ Left Turn left onto Congers Rd/ New City-Congers Rd
 $3.0 \leftarrow$ Left Turn left onto Kings Hwy
$0.5 \rightarrow$ Right Turn right onto Cuscher
$\rightarrow$ Right Turn right onto Snake Hill Rd
. $\ddagger$ Left $\quad$ Turn left onto Old Mill Rd
0.4 - Left Turn left onto Strawtown Rd
$0.4 \uparrow$ Food If you need food or fluids there is a deli
$\begin{array}{lll}0.0 & \text { Right } & \text { shop on your right. There is a re remt } \\ 5.3 \rightarrow \text { Right } & \text { Turn right onto Western Hwy } \\ & \mathrm{N}\end{array}$
5.3 Right Turn right onto Old Tappan R
$\begin{array}{lll}1.0 \uparrow & \text { Straight Continue onto Broadway } \\ 0.7 & \rightarrow & \text { Right } \\ \text { Turn right onto Tappan Rd }\end{array}$
$0.5 \uparrow$ Generic You are passing this stretch of road for the second time. After the rest stop just ahead, make the first left turn to head back to
Food Stop at the rest stop in the park

$$
\begin{array}{ll}
2+ & \text { Left Turn left onto Highland Ave } \\
0 & \text { T Generic Yurner headed back to the Cit }
\end{array}
$$

$\rightarrow$ Right Turn right onto Livingston St

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0.3\leftarrow Left Sligh left onto Harington Ave
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$\rightarrow$ Right Turn right onto West St
Turn left onto High St
Turn right onto Legion PI
Turr right onto Legion PI
Turn left onto Demarest Ave
Turn left onto Demarest Ave
Turn right onto Closter Dock Rd
Turn right onto County Rd
$0.7 \rightarrow$ Right Slight right onto Piermont Rd
$0.3 \leftarrow{ }_{\text {Slifft }}^{\text {Slight }}$ Bear left to stay on County Road
$0 \rightarrow \rightarrow \begin{aligned} & \text { Slight } \\ & \text { Right } \\ & \text { Bear right to stay on County Road }\end{aligned}$
$1.2 \leftarrow$ Left Turn left onto Hudson Ave
$0.1 ~$
$\longrightarrow$ Right
$\underset{0.6}{0.1}$ R Left $\quad$ Turn right onto Magnolia Ave
$0.6 \rightarrow$ Left Turn left onto Hillside Ave
$0.5 \rightarrow \begin{gathered}\text { Slight } \\ \text { Right }\end{gathered}$ Bear right, then bear left, then turn left.
$0.0 \leftarrow \underset{\text { Left }}{\text { Light }}$ Bear left, then turn left.
$0.0 \leftarrow$ Left $\quad$ Turn left onto Inness Rd
$0.1 \rightarrow$ Right
0.3 Turn right onto Engle St
$0.1 \rightarrow$ Right Turr right onto Engle St
$0.3 \leftarrow$ Left $\quad$ Turn left onto Elm St
0.3
$0.3 \rightarrow$ Right Turn right onto Leroy St
$0.4 \leftarrow$ Left Lefoy St turns slightly lef

$0.0 \uparrow$ Climb Hill climb ahead. $5.6 \%$ average grade the next half mile. 71.4
0.5 - Left Turn left onto N Woodland St
$\begin{array}{ll}\rightarrow \text { Right Turr right onto Pershing } \\ .5 \rightarrow \text { Right } & \text { Turn right onto Folod St }\end{array}$
$\begin{array}{lll}0.3 & \text { Left } & \text { Turn left onto E Palisade Ave } \\ 0.2 \rightarrow & \text { Right } & \text { Turn right onto Hudson Terracter }\end{array}$

| $1.4 \uparrow$ Food Pizza Stop on your right at ttrictly Bicycles. Courtesy of |
| :--- |
| $0.6 \uparrow$ Left |
| $1.6 \uparrow$ |

$\frac{0.6}{1.6} \leftarrow$ Left Turn left onto George Washington Bridge Northern Path
$\frac{1}{1.6}$ Straight Continue onto W 180th St
$\begin{array}{lll}76.6 \\ 76.6 \\ 0.1+\text { Left } \text { Turn left onto Pinehurst Avenue } & 76\end{array}$
$\rightarrow$ Slight Keep Right
$0.0 \rightarrow$ Right Turn right onto Riverside Drive
$0.0 \uparrow$ Left Turn left onto pedestrian walkway
$0.1 \uparrow$ Straight Contine stain 76.9
$0.6 \leftarrow{ }_{\text {Slight }}^{\text {Left }}$ Keep left

